



HEALING ESSENCES FROM THE HEART OF NATURE ®



Welcome to the twenty-sixth issue of our Online Newsletter! We hope you enjoy the new design and layout. These newsletters will continue to provide feature articles, customer testimonials, and tips from practitioners to increase your awareness and understanding of the Alaskan Essences and how they apply to our lives and the world. We will include announcements about our monthly online specials, new products, updates on courses and lecture schedules, and update you on what is happening in the field.

Issue 26

March 2011

## Customer Testimonials



Chocolate Lily

### March Online Specials

The following six essences assist in the process of self awareness and centering, and are **25% off** for the entire month of March!

**Stock**

- 1/4 oz/7.5 ml Regular: \$7.95 Special \$5.95
- 1 oz/30 ml Regular: \$12.45 Special \$9.30

- [Chalice Well](#)  
Environmental Essence
- [Chocolate Lily](#)  
Research Flower Essence
- [Hematite](#)  
Gem Elixir
- [Round-Leaf Orchid](#)  
Research Flower Essence
- [Tamarack](#)  
Flower Essence
- [Topaz](#)  
Gem Elixir



Click on the cart to go to the Online Store

### Retailer Spotlight:

#### AWAKENINGS

Center for Conscious Living



Awakenings is dedicated to providing resources that teach, uplift and inspire individuals to love themselves and their world deeply. Owners Brandon and Lori Camacho are devoted to helping bring greater love and enlightenment to the world. It is their honor to hold space for the many beautiful beings that grace Awakenings every day.

The Book and Gift Store features inspirational items designed to augment whatever spiritual path you may be on: books, music, dvd's, crystals, minerals, jewelry, incense, candles, visionary artwork, tarot cards, sacred statuary, aromatherapy, flower essences, sound therapy, and many other unique items.

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Join Alaskan Essences on Facebook to learn more about the essences in fun and exciting ways.

I have been using **White Fireweed** to address trauma that goes back twenty years; trauma that I've attempted to work on many times over the years and have made little headway with. There is a pattern of achieving a breakthrough, but it is either partial, the issue reasserts itself, or I get overwhelmed at some point and am unable to complete the healing/liberating process. Using White Fireweed gives me a unique sense of being able to let the waves of the past surface while feeling perfectly held in trust. It is the most beautiful subtle embrace imaginable. There is no 'clash'; I don't feel as though I need to 'fall' into the pains/griefs of the past and I can sit with them more honestly and bravely than I've ever done simply because of being held in a space where the pain does not overwhelm my centre. White Fireweed keeps me in that feeling of 'lightness' all the time.



Fireweed & White Fireweed Flower Essence

I've taken many different essences over the years, although this is the first time I've used the Alaskan essences. They are having the clearest, lightest effect I've ever experienced. I feel the combination of these two essences at a deep level, even at a cellular level where I've experienced chronic tiredness and health imbalances linked to these unresolved emotional issues. I'm using other supplements on a physical level too, and my energy and vitality is improving, but I find if I take the essences out of that picture nothing else is as effective. They are 'holding' the entire healing pattern together. It feels intricate and beautifully simple at the same time. Thank you to the Alaskan essences and their makers for increasing my wellness and joy. ~ ~ Joanne Mills



Dandelion

Flower Essence

**Dandelion** is a powerful flower and a wonderful flower essence for those of us very extroverted personalities who tend to 'spread ourselves' in all directions, doing things and losing energy. Dandelion offers us the opportunity for relaxation while experiencing life in our own way, coming from a very organized center. It offers an amazing structure, which allows one to go out in life with no tension, no big efforts and a lot lighter, like dandelion seeds flying. I love this essence! ~ ~ Cynthia Abu-Asseff

I have been taking **Dandelion** and using it in an oil on my back for the last twenty-four hours. The first night I could sleep; no spasm. And even though there was some spasm this morning, it was definitely less. I am feeling great today; I even put it in my coffee this morning. Great essence. ~ ~ Judy Goldberg

I gave **Amber** to a client who had been struggling with a depressive type mood after losing his job of thirty years. The depression caused him to unconsciously repel those trying to get close to him. He had become quite lethargic, like the classic 'couch potato'. After taking the Amber essence for just a few days, he reported feeling more energized and was looking forward visiting his family in another state. Seeing him upon his return home was a pure joy. He was smiling and he explained he had been participating more with those who cared about him. His aura was brighter; he had more energy and his magnetism had greatly improved. He said he felt so good on the Amber he wanted to stay with it for a while longer. He said that people were smiling at him wherever he went and strangers were even speaking to him. Staying on this essence makes the most sense at this time, as it was obvious that this client resonates with the Amber Essence on many levels. ~ ~ Roberta Ciskey



Amber

Gem Elixir



Easy Learning  
Environmental Spray  
Combination Formula and Spray

I just want to say how much I love the new **Easy Learning** spray. I work twelve hour shifts at night in a hospital lab and it really helps me stay alert and mentally competent, especially as dawn approaches. I find I don't think about coffee at all with just a spritz of the spray. You really came up with a wonderful grounding and refreshing oil blend. It is both ethereal and earthy, and it compliments the work of the essences very well. Thank you so much. ~ ~ Rose Specht

Thank you very much for the **Easy Learning** essence. I have used it in my classroom of five and six year olds with wonderful results. I put a few drops in a cup of water in the room and have noticed improvements in reading, writing and behavior. Several children who were stuck at one level of learning suddenly made big steps forward. The children also became enthusiastic and interested in developing their own skills. One boy has been violent and intimidating, and who did not understand cause and effect, has started to take responsibility for his own behavior. He is now able to listen to what I have been teaching him and apply it independently. I am very grateful to have this essence. It has also helped me to absorb new ideas and to read teaching material with more focus and clarity. God bless you and your work. ~ ~ Jane McMaster

I have to say my favorite is **Soul Support**. When I first moved here and was freaking out, it soothed and grounded me, and made me feel everything was going to be okay. ~ ~ Shari Stevens

On Wednesday I found a kitten mostly paralyzed on my driveway. I started him on **Soul Support** right away and rushed him to the vet. During the exam, the kitten was getting upset. I gave him some more Soul Support and he calmed down. The vet acknowledged that the drops helped! She said he had neurological issues and had some sort of trauma happen to him. He couldn't support himself, couldn't walk, his head was bobbing and there was no movement below the neck. She wasn't my usual vet and I think she would have preferred to put him down, but because he wasn't in any pain, I wasn't willing to do that. We suspected a broken neck, but by the time we left he was starting to hold his head up a little bit. They kept him there overnight with no other intervention, except that they gave him two more drops of Soul Support. The next day he was walking!! The vet that was there Thursday said, after reading the notes on him from the previous day she couldn't believe that he was the same cat--fine with no more neurological issues! A miracle kitty, and miracle essences!! He stayed there until all of the 'nasty disease' test results came back as negative. ~ ~ Susie Roland



Soul Support  
Emergency Formula  
Combination Formula and Spray

I have been using the **Soul Support** spray right before going to bed. I've noticed that I am sleeping better and deeply. Stress was waking me up at least three to four times a night. Now, there are some nights I sleep all night long without interruption! ~ ~ Viviane Ganz Sanchez

The testimonials above are from people who have chosen to write to us about their personal experience with the Alaskan essences. If you have a story you would like to share with us, send it to [afep@alaskanessences.com](mailto:afep@alaskanessences.com). People sending testimonials between March 21st and April 14th will be entered in a drawing to win a Gift Box Set of our 4oz Sacred Space Sprays, Calling All Angels, Guardian, Lighten Up and Purification.

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